

**Warriors and Quiet Waters Foundation
Board Member Commitment**

Every board member, officer and employee shall at all times act with honesty, integrity, and in accordance with the highest ethical standards. By accepting nomination or appointment, you confirm that this board service is one of your top volunteer and giving commitments and you pledge to carry out your role as a WQW board member in a trustworthy and diligent manner.

As a board member of the Foundation, I understand that it is expected that I will:

- Have a passion for Warriors & Quiet Waters and will serve in a way that actively supports our mission, vision, and goals.
- Not use any confidential information in such a manner that the use thereof would be detrimental in any matter for WQW.
- Avoid any action that might impair the reputation of WQW.

In fulfilling this commitment, I hereby agree to:

- Serve as a trusted advisor to the executive director as they develop and implement WQW's strategic plan.
- Review outcomes and metrics created by WQW for evaluating impact and effectiveness.
- Positively represent WQW to stakeholders; act as an ambassador and champion for the organization.
- Participate in an FX as a volunteer at least once.
- Serve a full three-year term (may serve a second term, subject to an evaluation from the executive committee in order to be eligible for re-appointment).
- Actively participate in one or more committees.
- Miss no more than one board meeting per year, unless excused by the board chair.
- Attend the annual board retreat, unless excused by the board chair.
- Agree to step down from your board position if unable to fulfill these expectations.

Print Name

Date

Signature